

Christa N. Herrera, B.A.

1155 Union Circle #311280
Denton, Texas 76203-5017
Email: christaherrera@my.unt.edu

Education

- May 2024- Expected** **Ph.D. in Clinical Psychology**, University of North Texas, Denton, Texas
Advisor: Jennifer L. Callahan, Ph.D. ABPP
- May 2022- Expected** **M.S. in Psychology**, University of North Texas, Denton, Texas
Thesis: Elucidating the Effects of Pre-treatment Expectation Measures on Therapeutic Outcomes: A Meta-analysis
Advisor: Jennifer L. Callahan, Ph.D. ABPP
- May 2018** **B.A. in Psychology with Certificate in Community-Based Assessment and Evaluation**,
St. Mary's University, San Antonio, Texas
Magna Cum Laude, 3.86 GPA, Honors Graduate
Advisor: Jillian Pierucci, Ph.D.

Current Positions

- August 2021-Present** **Test Storeroom Assistant**, *University of North Texas Psychology Clinic*
Director: Randall J. Cox, Ph.D.
Duties: manage assessment test storeroom for university-based community mental health clinic, provide assistant with battery planning and case conceptualization for student clinicians
- August 2019-Present** **Editorial Assistant**, *Journal of Psychotherapy Integration*
Editor: Jennifer L. Callahan, Ph.D. ABPP
Duties: manage a team of Spanish and Chinese translators, identify and communicate website updates, assist the editor based upon needs, optimize articles selection process
- February 2019-Present** **Spanish Translator**, *Journal of Psychotherapy Integration*
Editorial Assistant: Christa Herrera
Duties: *Journal of Psychotherapy Integration (JPI)* has served as the official journal of the Society for the Exploration of Psychotherapy Integration (SEPI) since 1991. *JPI* is uniquely identifiable for its sustained focus on disseminating scholarship pertaining to integrative psychotherapy theory, research, practice, supervision, and training on an international scale. The title, abstract, and keywords associated with each article are now translated, published, and indexed in major databases (such as psycINFO) in both Chinese and Spanish. Those translations allow those who do not have full-text access or strong written English skills, to access distillations of the published content. Further, through at least 2020, full text articles are available to thousands of local not-for-profit institutions in more than 120 low income countries around the world at no cost or low cost, as part of the World Health Organization's Hinari Access to Research for Health Programme.
- January 2019-Present** **Student Development Committee Member**, APA Division 29: Society for the Advancement of Psychotherapy
Chair: Lei Y. Sun, M.S.Ed.
Duties: write articles for the quarterly Psychotherapy Bulletin newsletter, review student paper awards, collaborate in student recruitment efforts, create initiatives to enhance student resources, attend monthly meetings to review develop and evaluate initiatives
- August 2021-Present** **Clinical Psychology Student Representative**, **University** of North Texas
Director of Clinical Training: David Cicero, Ph.D
Duties: serve as liaisons between the Clinical doctoral program and its student body, communicate information and decisions made in GASP, graduate committee, and program

meetings to the student body of their program (e.g., email meeting minutes/notes), identify and address student-program specific needs and issues, attend monthly program committee meetings, meet with program director, coordinate and teach Proseminar course for incoming graduate students.

Clinical Experience

May 2021-Present	<p>Clinician (Therapy), University of North Texas Psychology Clinic, Denton, TX Supervisors: Randall J. Cox, Ph.D., Nikki C. Hernandez, Ph.D, Jennifer L. Callahan, Ph.D. ABPP, & Richard Rogers, Ph.D ABPP Population: Children as young as 10, adolescents, and emerging adults presenting with learning disorder, mood disorders, and behavioral concerns</p> <ul style="list-style-type: none"> • Provided psychotherapy services to adults in the community. • Authored clinical intake reports for psychotherapy clients. • Wrote weekly clinical notes and participated in case conceptualization of current clients. • Provided comprehensive psychological assessment services to adults in the community. • Scored and interpreted psychological testing materials. • Co-authored one comprehensive psychological report under the supervision of licensed psychologist. • Attended weekly group supervision with practicum team members and licensed psychologist to discuss clinical cases and conceptualization of clients. • Received weekly individual supervision from a licensed psychologist. • Received weekly individual supervision from an advanced student. • Provided weekly individual supervision to first and second-year students.
May 2019-May 2021	<p>Clinician (Assessment), University of North Texas Psychology Clinic, Denton, TX Supervisors: Randall J. Cox, Ph.D. & Jeenie Fincher, Ph.D. Population: Children as young as 7, adolescents, and merging adults presenting with learning disorder, mood disorders, and behavioral concerns</p> <ul style="list-style-type: none"> • Provided comprehensive psychological assessment services to children, adolescents, and adults in the community. • Scored and interpreted psychological testing materials. • Authored ten comprehensive psychological reports under the supervision of licensed psychologist. • Attended weekly group supervision with practicum team members and licensed psychologist to discuss clinical cases and conceptualization of clients. • Received weekly individual supervision from a licensed psychologist. • Received weekly individual supervision from an advanced student. • Provided weekly individual supervision to first year students. • Covered a weekly crisis management shift at the clinic.
August 2019-May 2019	<p>Pre-Practicum (Assessment), University of North Texas Psychology Clinic, Denton, TX Supervisor: Amy Murrell, Ph.D. Population: Emerging adults presenting with mood disorders</p> <ul style="list-style-type: none"> • Observed advanced students and supervisor providing therapy and assessment services. • Provided comprehensive psychological assessment services to adults in the community. • Scored and interpreted psychological testing materials. • Co-authored one comprehensive psychological report with an advanced graduate student under the supervision of a licensed psychologist. • Attended weekly group supervision with practicum team members and licensed psychologist to discuss clinical cases and conceptualization of clients. • Received weekly individual supervision from an advanced student. • Covered a weekly crisis management shift at the clinic.

Research Experience

- September 2019-May 2020** **Grant Coordinator**, *The North-Texas-20: Expanding doctoral psychology opiate/ substance use disorder (OUD/SUD) and tele-behavioral health training in 20 high need and high demand areas of North Texas*
Co-PI's: Jennifer L. Callahan, Ph.D. ABPP & Camilo Ruggero, Ph.D.
Funder: Human Resources & Services Administration (HRSA)
Duties: coordinate and track requirements (e.g., hours) for 3 graduate students under the grant, work collaboratively with additional grant coordinator on compiling literature and resources, assist in the coordination and hosting of invited speakers, teach a graduate level course on current issues related to the opioid crisis: 1) substance abuse, 2) behavioral pain management, 3) tele(mental)health, and 4) multicultural competency (with a focus on bilingual services)
- August 2018-September 2019** **Research Assistant**, Teen Stress and Alcohol Research (St.A.R) Laboratory, University of North Texas, Denton, Texas
Supervisor: Heidemarie Blumenthal, PhD
Duties: conduct participant screening procedures, assist in scheduling and recruitment of participants, conduct reliability checks for Structured Clinical Interview with DSM-5 (SCID), mentor undergraduate students in research projects and graduate school through preview and feedback of application materials in conjunction to one-on-one consultations about interview processes
- September 2017- January 2018** **Grant Writing Intern**, Development Department, Child Safe, San Antonio, Texas
Supervisor: Lauren Zuniga
Duties: Research and index grant opportunities, maintain file and organize grant/foundation documentation, generate draft proposals to rolling funders/prospects, attend/assist fundraising events, administrative duties, interacting with incoming clients as part of Friendly Faces Program, assist clients with questions in English and Spanish
- August 2016-May 2018** **Research Assistant**, Psychology Department, St. Mary's University, San Antonio, Texas
Supervisor: Patricia Owen, Ph.D.
Duties: collect and analyze films, complete IRB documents to obtain IRB approval, develop survey clips from films with Wondershare media editor, construct surveys via Qualtrics, write analysis reports and paper manuscript with principal investigator for publication, prepare poster for presentation, conduct statistical analyses, manage data
- April 2016** **Trained Assessor/Role Player**, Development Assessment Center, Organizational Psychology Department, St. Mary's University, San Antonio, Texas
Supervisor: Gregory Pool, Ph.D.
Duties: review and participate as confederate assessor in mock consultations with companies and employees regarding employee management decisions and assessment recommendations corresponding with company needs

Teaching Experience

- August 2020-December 2020** **Teaching Fellow- PSYC3620 Developmental Psychology**, Psychology Department, University of North Texas, Denton, Texas
Supervisor: Yolanda Flores Niemann, Ph.D.
Duties: develop course syllabus and all course materials, prepare and lecture 3 hours weekly, write all exam items, hold weekly office hours to meet with students
- January 2019-May 2019** **Teaching Assistant- PSYC4520 Personality**, Psychology Department, University of North Texas, Denton, Texas
Supervisor: Cameron Davis, M.S.

Duties: proctor tests, guest lecture on social anxiety, emotions, and optimism and pessimism, hold office hours, assist students with questions regarding APA format, personality theory, relevant research

August 2018-December 2018

Undergraduate Statistics Tutor, Psychology Department, University of North Texas, Denton, Texas

Supervisor: Matthew Mikesell

Duties: assist undergraduate students in statistics and research methods courses regarding occurrence of Type 1 / 2 errors, hypothesis testing, mathematical computation of t-tests, one-way ANOVA, factorial ANOVA, interpretation from and use of SPSS

August 2015- May 2018

Administrative Assistant, Learning Assistance Center, St. Mary's University, San Antonio, Texas

Supervisor: Barbara Biasioli

Duties: supervise tutors, create reports for attendance and payroll, schedule tutoring sessions, provide directions and information about our services through the phone, close the facility

August 2015- May 2018

Certified Level 1 Tutor, Learning Assistance Center, St. Mary's University, San Antonio, Texas

Supervisor: Barbara Biasioli

Duties: tutor writing for all courses, all Psychology courses, interdisciplinary studies course for freshmen, and statistics for graduate master level courses in industrial psychology and business strategy, assist and mentor international students with English, design academically enriching activities that promote efficient reading habits, improve study skills, and develop writing skills

Advanced Training, Workshops, & Professional Development

May 2021	Shame and Self-loathing in the Treatment of Trauma. Janina Fisher, Ph.D, PESI Webinar
April 2021	Treating Dual/Multi Diagnosis Patients Considering Diversity. Clinical guest speakers: Jennifer Mayfield Okere, Ph.D., Courtney Givens, and Kaya Cox, University of North Texas
April 2021	Race, Racial Identity & Racism: Persistent Challenges for Latinxs in Multiracial America. Raúl Quiñones-Rosado, Ph.D., National Latinx Psychological Association Webinar
January 2021	Improving Learning Disability Identification with Fewer Myths and More Science. W. Joel Schneider, Ph.D. Learning Disabilities Association of America
January 2021	The Pattern of Strengths and Weaknesses (PSW) Method for Identification and Diagnosis of Learning Disabilities: The Controversies, Research, Benefits, and Limitations. Dawn P. Flanagan, Ph.D. & Vincent Alfonso, Ph.D. Learning Disabilities Association of America
January 2021	Intellectual Development and Specific Learning Disability: The Role of Norm-Referenced Tests. Edward Schultz, Ph.D. Learning Disabilities Association of America
September 2020	(Tele)presence: Its Key Role in the Treatment of Anxiety Disorders with Telepsychology or Virtual Reality. Clinical guest speaker: Stephane Bouchard, Ph.D.
August 2020	Going Into Private Practice: Opportunities and Perils. Clinical guest speakers: Carla Pulliam, Ph.D., Zane Dodd, Ph.D., & Jimmy McGuffin, Ph.D.
April 2020	Motivational Interviewing: Helping People Change. Workshop by Scott Walters, Ph.D.
April 2020	Motivational Interviewing vs. Motivational Computer to Improve Treatment Compliance in Probation. Clinical guest speaker: Scott Walters, Ph.D.
April 2020	The National Opioid Crisis: Causes and Solutions. Clinical guest speaker: Scott Walters, Ph.D.
April 2020	Interdisciplinary Substance Use Case Conference. Clinical guest speaker: Jennifer Okere, Ph.D., Courtney Givens, pharmD, BCPP, & Kayla Cox, LMSW, University of North Texas
March 2020	Telepsychology Best Practices 101: Legal, Regulatory & Ethical Rules of the Road. Marlene M. Maheu, Ph.D., APA Webinar

March 2020	Telepsychology Best Practices 101: About the Tech... Video, Email, Text Messaging & Apps. Marlene M. Maheu, Ph.D., APA Webinar
March 2020	Telepsychology Best Practices 101: Clinical Evaluation and Care: Cultural Competencies; Documentation. Marlene M. Maheu, Ph.D., APA Webinar
February 2020	Exploring the Nuances of Working with Individuals with Eating Disorders. Practicum guest speakers: Sally Fleck, Ph.D. & Leslee Marcom, Ph.D.
November 2019	Bilingual Service Provision. Clinical guest speakers: Arthur Cantos, Ph.D. & Cynthia Cavazos-Gonzalez, Ph.D., University of North Texas
October 2019	APAGS Webinar: EPPP Outcomes and Test Taking Strategies for Graduates of Color Confirmation. Brian Sharpless, Ph.D., Matter Turner, Ph.D., & Beth Boyd, Ph.D., APA Webinar
October 2019	Using Apps in Clinical Practice: Competency Considerations. Marlene M. Maheu, Ph.D., APA Webinar
June 2019	Selected for American Psychological Association's Advanced Training Institute on Research Methods with Diverse Racial & Ethnic Groups, University of Michigan
April 2019	Therapeutic Assessment & Mandatory Treatment. Clinical Guest Speaker: Lionel Chuzik, Ph.D., University of North Texas
April 2019	Pedagogy & Perks: The Pedagogical Power of Prediction. Krisstal Clayton, Ph.D., University of North Texas
April 2019	Consensual Qualitative Research Workshop. Clara Hill, Ph.D., University of North Texas
April 2019	Effective Connectivity as a Biomarker for the Extended Autistic and Schizotypal Phenotypes. Clinical guest speaker: Lavinia Uscatescu, University of North Texas
March 2019	From Allies, to Accomplices, to Advocates: Working Together for an Inclusive Future. PASC Roundtable series: Advocacy workshop, University of North Texas.
March 2019	Recovery to Practice Module Workshop: Rehabilitation Assessments and Intervention Approaches to Assist Individuals with Severe Mental Health Disorders, Janet Paleo, University of North Texas
February 2019	Deliberate Practice Training Workshop. Tony Rousmaniere, PsyD, University of North Texas
November 2019	Quantifying Trauma Among Immigrant Populations. Clinical guest speaker: Luz Garcini, University of North Texas
November 2019	Microaggressions and Inclusive Language. Diversity and inclusion workshop, University of North Texas.
November 2019	Bias Awareness and Socialization. Diversity and inclusion workshop, University of North Texas.
October 2019	Equity Mindedness and Inclusive Excellence. Diversity and inclusion workshop, University of North Texas.
October 2018	My Recovery from Schizophrenia. Clinical guest speaker: Janet Paleo, University of North Texas

Non-Peer Reviewed Publications

2. **Herrera, C.** & Owen, P. (2017). Psychotherapy misconceptions: Assessing the use of movies to counteract misconceptions about appropriate therapist conduct. *The St. Mary's University McNair Scholars Program Research Journal*, 11,
1. **Herrera, C.** & Owen, P. (2016). Boundary issues: Is what my therapist doing appropriate? *The St. Mary's University McNair Scholars Program Research Journal*, 10, 21-36

Conference Presentations

15. *Lopez, A., **Herrera, C. N.**, Callahan, J. L., & Ruggero, C. J. (August, 2020). *Ethnicity as a moderator between anxiety and suicidality in a clinical sample*. Abstract accepted to the 51st International Annual Society of Psychotherapy Research Meeting (SPR), Amherst, MA. (Canceled due to COVID-19)
14. Stone, L. B., Cloutier, R. M., **Herrera, C.**, Hasan, F., Rueger, S. Y., Blumenthal, H. (August, 2020). *Validation of the MPI to assess cannabis-related risks among community-recruited adolescents*. Abstract accepted to the American Psychological Association (APA), Washington, DC.
13. *Lopez, A., **Herrera, C. N.**, & Callahan, J. L. (April, 2020). *Ethnicity as a moderator between anxiety and suicidality*. Poster accepted to the 2020 Southwestern Psychological Association (SWPA) Convention, Frisco, TX (Canceled due to COVID-19)
12. *Fortner, A., **Herrera, C. N.**, & Callahan, J. L. (April, 2020). *Depression severity among traditional and nontraditional students*. Poster accepted to the 2020 Southwestern Psychological Association (SWPA) Convention, Frisco, TX (Canceled due to COVID-19)
11. *Parker, H., **Herrera, C. N.**, & Callahan, J. L. (April, 2020). *Comorbid manic and anxiety symptoms within a college sample*. Poster accepted to the 2020 Southwestern Psychological Association (SWPA) Convention, Frisco, TX (Canceled due to COVID-19)
10. *Rodriguez, M., *Duran, A., **Herrera, C. N.**, & Callahan, J. L. (January, 2020). *Exploring the role of income on depression severity among college students*. Poster presentation at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology (CUDCP). Austin, TX.
9. *Fortner, A., **Herrera, C. N.**, & Callahan, J. L. (January, 2020). *Gender differences in anxiety symptoms*. Poster presentation at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology (CUDCP). Austin, TX.
8. *Lopez, A., **Herrera, C. N.**, Callahan, J. L., & Ruggero, C. J. (January, 2020). *Ethnicity as a moderator between PTSD and suicidality in a clinical sample*. Poster presentation at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology (CUDCP). Austin, TX.
7. Al-Jabari, R., Murrell, A. R., Callahan, J. L., Cox, R. J., Lester, E. G., & **Herrera, C. N.** (January, 2020). *Do distress level and waitlists impact termination in a training clinic*. Poster presentation at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology (CUDCP). Austin, TX.
6. Callahan, J. L., Smotherman, J. M., Dziurzynski, K. E., Love, P. K., Kilmer, E. D., Niemann, Y. F., Ruggero, C. J., & **Herrera, C. N.** (January, 2020). *Diversity in the professional psychology training-to-workforce pipeline: Results from the doctoral psychology student population data*. Poster presentation at the Annual MidWinter Meeting of the Council of University Directors of Clinical Psychology (CUDCP). Austin, TX.
5. Stone, L. B., Cloutier, R. M., Hasan, F., **Herrera, C.**, Rueger, S. Y., Blumenthal, H. (November, 2019). *Validation of the MPI to assess cannabis-related risks among college students*. Poster presented at the 53rd annual convention of the Association of Behavioral and Cognitive Therapies (ABCT), Atlanta, GA.
4. **Herrera, C.** & Owen, P. (July, 2017). *Gender portrayals in contemporary Palestinian and Israeli films*. Paper presented at the meeting McNair Scholars Research Symposium, San Antonio, TX
3. **Herrera, C.** & Owen, P. (April, 2017). *Psychotherapy misconceptions: Assessing the use of movies to counteract misconceptions about appropriate therapist conduct*. Paper presented at the 2017 Southwestern Psychological Association (SWPA) Convention, San Antonio, TX
2. **Herrera, C.** & Owen, P. (February, 2017). *Boundary issues: Is what my therapist doing appropriate?* Paper presented at the 19th Annual Texas National McNair Research Conference, Denton, TX
1. **Herrera, C.** & Hill, H. (April, 2016). *Being richer means I am nicer?: Cartoon stereotypes for 10-13 year old children*. Poster presented at The St. Mary's 17th Annual Research Symposium and Creative Activities Exhibition, San Antonio, TX

*Denotes undergraduate mentee

Professional Oral Presentations

June 2019

Graduate School Workshop, Presenter for undergraduates at University of North Texas

Ad-Hoc Journal Reviewing

Training and Education in Professional Psychology

Grants, Awards, Honors, & Scholarships

August 2020 - May 2021	McNair Scholarship (\$2,000)
June 2019	Graduate Student Support Grant (\$300)
April 2019	APA Student Travel Support Scholarship for ATI (\$600)
August 2018	Psychology Department Incoming Student Award (\$1,000)
November 2015- May 2018	McNair Scholars Program, St. Mary's University, San Antonio, Texas
August 2016- Present	National Society of Leadership and Success
January 2015- May 2018	Dean's list

Membership and Professional Associations

January 2020-Present	Society for Psychotherapy Research (SPR)
March 2019- Present	American Psychological Association of Graduate Students (APAGS)
March 2019- Present	American Psychological Association (APA)
January 2019- Present	American Psychological Association Division 29: Society of Advancement of Psychotherapy
September 2018- Present	Psychology Advocates for Social Change (PASC)
August 2014- May 2018	Psychology Living and Learning Community, St. Mary's University, San Antonio, Texas
August 2016- May 2018	Psychology Living and Learning Community Mentor, St. Mary's University, San Antonio, Texas
August 2016- May 2018	National Society of Leadership and Success
October 2016- Present	Southwestern Psychological Association (SWPA)
August 2017- May 2018	International Honor Society for Psychology, Psi Chi – St. Mary's Chapter