

# Danica C. Slavish

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## Education

- 2017 Ph.D., Biobehavioral Health, The Pennsylvania State University
- 2015 M.S., Biobehavioral Health, The Pennsylvania State University
- 2012 B.A., Psychology, *magna cum laude*, with honors, Beloit College

## Professional Positions

- 2019- Assistant Professor of Psychology, University of North Texas
- 2017-19 Postdoctoral Research Associate, University of North Texas
- 2012-17 National Science Foundation Graduate Research Fellow, The Pennsylvania State University

## Honors and Awards

- 2018 American Academy of Sleep Medicine, Young Investigators Forum
- 2018 American Psychosomatic Society, Young Investigators Colloquium
- 2018 University of North Texas, Postdoctoral Association Research Award
- 2018 Penn State, Council of Graduate Schools/ProQuest Distinguished Dissertation Award nominee
- 2017 Penn State, Alumni Association Dissertation Award
- 2017 American Pain Society, Young Investigator Travel Award
- 2017 American Psychosomatic Society, Young Scholar Travel Award
- 2016 American Psychological Association, Dissertation Research Award
- 2016 Penn State, Kligman Graduate Fellowship Endowment
- 2015 Penn State, Gerald E. McClearn Graduate Student Award
- 2015 Penn State, Biobehavioral Health Graduate Student Scientific Achievement Award
- 2013-16 National Science Foundation, Graduate Research Fellowship
- 2012 Penn State, Fund for Excellence in Graduate Recruitment
- 2012 Beloit College, Martha Peterson Prize
- 2012 Beloit College, Walter Van Dyke Bingham Scholarship in Psychology
- 2012 Beloit College, Phi Beta Kappa
- 2008-12 Beloit College, Maurer Presidential Scholarship
- 2011 National Science Foundation, Research Experience for Undergraduates Summer Fellowship

## Publications

*Peer-Reviewed Publications (Google Scholar citations = 633, h-index = 12)*

*\* denotes graduate student collaborator \*\* denotes undergraduate or post-baccalaureate student collaborator*

34. Slavish, DC, Briggs, M, Fentem, A, Messman, BA, & Contractor, AA. (*in press*). [Bidirectional associations between daily PTSD symptoms and sleep disturbances: A systematic review](#). *Sleep Medicine Reviews*.
33. Miles, S, Pruiksma, K, Slavish, DC, Dietch, J, Wardle-Pinkston, S, Litz, B, Rodgers, M, Nicholson, K, Young-McCaughan, S, Dondanville, K, Nakase-Richardson, R, Mintz, J, Keane, T, Peterson, A, Resick, P, & Taylor, DJ. (*in press*). [Sleep disorder symptoms are associated with greater posttraumatic stress and anger problems in U.S. Army service members seeking treatment for PTSD](#). *Journal of Clinical Sleep Medicine*.

32. **Slavish, DC**, Dietch, JR, Messman, BA, Garcia, O, Kane, HS, Wiley, JF, Yap, Y, Kelly, K, Ruggero, CJ, & Taylor, DJ (*in press*). [Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses](#). *Journal of Sleep Research*.
31. Ying, F, Wen, JH, Klaiber, P, DeLongis, A, **Slavish, DC**, & Sin, NL (*in press*). [Associations between intraindividual variability in sleep and daily positive affect](#). *Affective Science*.
30. \*Messman, BA, Rafiuddin, H, **Slavish, DC**, Weiss, NH, Contractor, AA. (*in press*). [Examination of daily-level associations between posttraumatic stress disorder symptoms and COVID-19 worries](#). *Psychological Trauma: Theory, Research, Practice, and Policy*.
29. **Slavish, DC** & Szabo, YZ (2022). [What moderates salivary markers of inflammation reactivity to stress? A descriptive report and meta-regression](#). *Stress*, 24, 710-722.
28. **Slavish, DC**, Contractor, AA, Dietch, JR, Messman, BA, Lucke, H, Briggs, M, Thornton, J, Ruggero, C, Kelly, K, Kohut, M, & Taylor, DJ. (2022). [Characterizing patterns of nurses' daily sleep health: A latent profile analysis](#). *International Journal of Behavioral Medicine*.
27. Contractor, AA, **Slavish, DC**, Weiss, NH, Alghraibeh, AH, Alafnan, AA, & Taylor, DJ. (2021). [Moderating effects of sleep difficulties on relations between posttraumatic stress disorder symptoms and positive memory count](#). *Journal of Clinical Psychology*, 77, 2057-2076.
26. \*\*Garcia, O, **Slavish, DC**, Dietch, JR, Messman, BA, Contractor, AA, Haynes, PL, Pruiksma, KE, & Taylor, DJ (2021). [What goes around comes around: Nightmares and daily stress are bidirectionally associated in nurses](#). *Stress & Health*, 37, 1035-1042.
25. Dietch, JR, Taylor, DJ, Pruiksma, KE, Wardle-Pinkston, S, **Slavish, DC**, Messman, B, Estevez, R, Ruggero, C, & Kelly, K. (2021). [The Nightmare Disorder Index: Development and initial validation in a sample of nurses](#). *Sleep*, 44, zsa254.
24. Wen, JH, Klaiber, P, DeLongis, A, **Slavish, DC**, Sin, NL. (2021). [Day-to-day associations between nightly sleep and next-day well-being amid the COVID-19 pandemic in North America](#). *Sleep Health*, 7, 666-674.
23. **Slavish, DC**, \*Asbee, J, \*\*Veeramachaneni, K, \*\*Scott, B, \*\*Messman, B, Sin, NL, Taylor, DJ & Dietch, JR. (2021). [The cycle of daily stress and sleep: Sleep measurement matters](#). *Annals of Behavioral Medicine*.
22. \*Walker, J, **Slavish, DC**, \*Dolan, M, Dietch, JR, Wardle-Pinkston, S, Messman, BA, Ruggero, CJ, Kohut, M, Borwick, J, Kelly, K, & Taylor, DJ. (2021). [Age-dependent associations among insomnia, depression, and inflammation in nurses](#). *Psychology & Health*, 36, 967-984.
21. \*Messman, B, **Slavish, DC**, Dietch, JR, Jenkins, BN, & Taylor, DJ. (2021). [Associations between daily affect and sleep vary by sleep assessment type: What can ambulatory EEG add to the picture?](#) *Sleep Health*, 7, 219-228.
20. Szabo, YZ & **Slavish, DC**. (2021). [Measuring salivary markers of inflammation in health research: A review of methodological considerations and best practices](#). *Psychoneuroendocrinology*, 124.
19. Taylor, DJ, Pruiksma, KE, Mintz, J, **Slavish, DC**, Wardle-Pinkston, S, Tyler, H, Dondanville, KA, Young-McCaughan, S, Scullin, MK, Nichols, KL, Litz, BT, Dietch, JR, Keane, TM, Peterson, AL, Resick, PA, for the Consortium to Alleviate PTSD. (2020). [Treatment of comorbid sleep disorders and posttraumatic stress disorder in active duty military: Design and methodology of a randomized clinical trial](#). *Contemporary Clinical Trials*, 99.
18. **Slavish, DC**, Taylor, DJ, Dietch, JR, Wardle-Pinkston, S, Messman, BA, Ruggero, CJ, Kohut, M, & Kelly, K. (2020). [Intraindividual variability in sleep and levels of systemic inflammation in nurses](#). *Psychosomatic Medicine*, 82, 678-688.
17. Szabo, YZ, **Slavish, DC**, & Graham-Engeland, JE. (2020). [The effect of acute stress on salivary markers of inflammation: A systematic review and meta-analysis](#). *Brain, Behavior, & Immunity*, 88, 887-900.
16. Pruiksma, KE, **Slavish, DC**, Taylor, DJ, Dietch, JR, Tyler, H, \*Dolan, M Bryan, AO, & Bryan, CJ. (2020). [Nightmares and insomnia in the National Guard: Mental and physical health correlates](#). *International Journal of Behavioral Medicine*.
15. Yap, Y, **Slavish, DC**, Taylor, DJ, Bei, B, & Wiley, J. (2020). [Bi-directional relations between stress and self-report and actigraphy-assessed sleep: A daily intensive longitudinal study](#). *Sleep*, 43, zsz250.
14. Williams, JM, Taylor, DJ, **Slavish, DC**, Gardner, C, Zimmerman, MR, Patel, K, Reichenberger, D, Francetich, J, Dietch, JR, & Estevez, R. (2020). [Validity of actigraphy in young adults with insomnia](#). *Behavioral Sleep Medicine*, 18, 91-106.
13. **Slavish, DC**, Jones, DR, Smyth, JM, Engeland, CE, Song, S, \*\*McCormick, N, & Graham-Engeland, JE. (2020). [Positive and negative affect and salivary markers of inflammation among young adults](#). *International Journal of Behavioral Medicine*, 27, 282-293.
12. \*\*Veeramachaneni, K, **Slavish, DC**, Dietch, JR, Kelly, K, & Taylor, DJ. (2019). [Intraindividual variability in sleep and perceived stress in young adults](#). *Sleep Health*, 5, 572-579.
11. \*Wardle-Pinkston, S, **Slavish, DC**, & Taylor, DJ. (2019). [Insomnia and cognitive performance: A systematic review and meta-analysis](#). *Sleep Medicine Reviews*, 48.

10. Dietch, JR, Sethi, K, **Slavish, DC**, & Taylor, DJ. (2019). [Validity of two retrospective questionnaire versions of the Consensus Sleep Diary: The whole week and split week self-assessment of sleep surveys.](#) *Sleep Medicine*, *63*, 127-136.
9. **Slavish, DC** & Szabo, YZ. (2019). [The effect of acute stress on salivary markers of inflammation: A systematic review protocol.](#) *Systematic Reviews*, *8*.
8. **Slavish, DC**, Taylor, DJ, & Lichstein, K. (2019). [Intraindividual variability in sleep and comorbid medical and mental health conditions.](#) *Sleep*, *42*, zsz052.
7. **Slavish, DC**, Scaglione, NM, Hultgren, BA, & Turrisi, R. (2019). [An ecological momentary assessment of affect, mental health symptoms, and decisions to drink in first-year college women: A pilot study.](#) *Prevention Science*, *20*, 753-764.
6. **Slavish, DC**, Graham-Engeland, JE, Engeland, CG, Taylor, DJ, & Buxton, OM. (2018). [Insomnia symptoms are associated with elevated C-reactive protein in young adults.](#) *Psychology & Health*, *33*, 1396-1415.
5. Mathur, A, Graham-Engeland, JE, **Slavish, DC**, Sliwinski, MJ, Smyth, JM, Lipton, RB, & Katz, MJ. (2018). [Recalled early life adversity and pain: The role of mood, sleep, optimism, and control.](#) *Journal of Behavioral Medicine*, *41*, 504-515.
4. **Slavish, DC**, Sliwinski, MJ, Smyth, JM, Almeida, DM, Lipton, RB, Katz, MJ, & Graham-Engeland, JE. (2018). [Neuroticism, negative affect, rumination, and sleep: Examining between- and within-person associations.](#) *Personality and Individual Differences*, *123*, 217-222.
3. Graham-Engeland, JE, Zawadzki, M, **Slavish, DC**, & Smyth, JM. (2016). [Depressive symptoms and momentary mood predict momentary pain among rheumatoid arthritis patients.](#) *Annals of Behavioral Medicine*, *50*, 12-23.
2. **Slavish, DC** & Graham-Engeland, JE. (2015). [Rumination mediates the relationship between depressed mood and both sleep quality and self-reported health in young adults.](#) *Journal of Behavioral Medicine*, *38*, 204-213.
1. **Slavish, DC**, Graham-Engeland, JE, Smyth, JM, & Engeland, CG. (2015). [Salivary markers of inflammation in response to acute stress.](#) *Brain, Behavior, and Immunity*, *44*, 253-269.

### Manuscripts Under Review

11. Contractor, AA, Messman, B, **Slavish, DC**, & Weiss, NH. (*revised & resubmitted*). Do positive memory characteristics influence daily-level trajectories of posttraumatic stress disorder symptoms? An exploratory micro-longitudinal study.
10. Schick, MR, **Slavish, DC**, Dietch, JR, Witcraft, SM, Simmons, RO, Taylor, DJ, Smith, JP, Book, SW, McRae-Clark, AL, & Wilkerson, AK. (*revised & resubmitted*). A preliminary investigation of the role of intraindividual sleep variability in substance use treatment outcomes.
9. \*Almeida, IM, **Slavish, DC**, Rafiuddin, H, & Contractor, AA. (*revise & resubmit*). COVID-19 related distress and sleep among trauma-exposed South Asians: Does generational status matter?
8. Yoo, J, **Slavish, DC**, Dietch, JR, Kelly, K, Ruggero, CR, & Taylor, DJ. (*revise & resubmit*). Daily reactivity to stress and sleep disturbances: unique risk factors for insomnia.
7. Petrie, K, \*Messman, BA, **Slavish, DC**, & Moore, EM. (*under review*). Sleep disturbances and depression are bidirectionally associated among college student athletes across COVID-19 pandemic exposure classes.
6. Contractor, AA, **Slavish, DC**, Thornton, J, & Weiss, NH. (*under review*). Positive affect processes and posttraumatic stress disorder symptoms: Findings from an open label pilot study using the Positive Memory Processing Technique.
5. Griffith, EL, Jin, L, Contractor, AA, **Slavish, DC**, & Vujanovic, AA. (*under review*). Heterogeneity in patterns of posttraumatic stress disorder symptoms and sleep disturbances among firefighters: Latent profile analyses.
4. \*Messman, B, Wiley, J, Yap, Y, Tung, YC, Almeida, I, Dietch, JR, Taylor, DJ, & **Slavish, DC**. (*under review*). How much does sleep vary from night-to-night? A quantitative summary of intraindividual variability in sleep by age, gender, and racial/ethnic identity across eight-pooled datasets.
3. Dolan, M, **Slavish, DC**, Weiss, NH, & Contractor, AA. (*under review*). The role of emotion dysregulation in the relationship between sleep disturbances and PTSD symptom severity.
2. Ramadan, B, Blumenthal, H, **Slavish, DC**, Kaminski, PL, Ramadan, T, Lewis, S. (*under review*). Psychological control relates to coping-related drinking motives via social anxiety among adolescents: A cross-sectional mediation analysis.
1. Compton, S, **Slavish, DC**, Weiss, NH, Bowen, H, & Contractor, A. (*under review*). Associations between positive memory count and hazardous substance use in a trauma-exposed sample: Examining the moderating role of emotion dysregulation.

## Teaching Experience

PSYC 6400: Research Methods in Psychology, UNT  
 PSYC 5710: Quantitative Methods in Psychology II, UNT  
 PSYC 2580: Health Psychology, UNT  
 PSYC 6900: Special Problems, UNT  
 PSYC 4900 & 4910: Special Problems, UNT  
 BBH 143: Drugs, Behavior, and Health, Penn State  
 BBH 146: Introduction to Health and Human Sexuality, Penn State

## Grant Funding

### Active

**NIH/NIAAA 1R34AA026909-01A1** (PI: Larimer)

05/15/2019-04/30/2022

*Development of Brief Interventions for Alcohol, Marijuana, and Sleep Problems in Young Adults*

Direct costs: \$9,991

Role: Co-I (PI of UNT subcontract)

**Canopy Growth Corporation** (PI: Slavish)

06/01/2021-05/31/2022

*A Combined Phase Change Test of the Safety and Effects of Two Doses of CHI-559 on Sleep Quality (SL-01)*

Direct costs: \$81,682

Role: PI

**Canopy Growth Corporation** (PI: Blumenthal)

06/01/2021-05/31/2022

*A Combined Phase Change Test of the Safety and Effects of Two Doses of CHI-557 on Relaxation (RE-01)*

Direct costs: \$81,817

Role: Co-I

**University of Texas at Dallas Seed Program for Interdisciplinary Research** (PI: Kane)

06/01/2021-09/31/2022

*Stress and Sleep among Hispanic/Latino Parents: A Social-Ecological Approach*

Role: Consultant

### Pending (or Scored and Preparing for Resubmission)

**CDC/NIOSH U01OH012471** (PI: Kotov)

7/1/2022-6/30/2026)

*Personality-Based Digital Therapy for PTSD in WTC Responders*

Direct costs: \$555,740

Role: Co-I for UNT subcontract

**NIH/NIMHD 1R01MD016248-01** (Co PIs: Kane & Slavish)

*Stress, Sleep, and Cardiometabolic Health among Hispanic/Latino Parents: A Social-Ecological Approach*

Direct costs: \$2,476,299

Role: Co-PI (PI of UNT subcontract: \$585,227)

Scored in the 38th percentile, resubmitting June 2022

**CDC/NIOSH 1R01OH012342-A101** (Co PIs: Contractor & Slavish)

*Examination of Daily Posttraumatic Stress Disorder Symptoms and Sleep Disturbances among Firefighters: Directionality, Psychobiological Mechanisms, and Symptom Profile Heterogeneity*

Direct costs: \$1,586,965

Role: Co-PI

Scored in the 24th percentile, resubmitting June 2022

## Completed

**NIH/NIAID 1R01AI128359-01** (Co PIs: Taylor & Kelly)

02/01/2016-11/30/2020

*Sleep and Vaccine Response in Nurses (SAV-RN)*

Direct costs: \$2,194,247

Role: Co-I

**DoD-VA 1I01CU000144-01** (PI: Taylor)

09/30/2015-09/30/2020

*CAP-Treatment of Comorbid Sleep Disorders and PTSD*

Direct costs: \$3,214,708

Role: Postdoctoral Fellow

**NSF GRFP DGE1255832** (PI: Slavish)

06/01/2013-06/01/2016

*Individual Differences in Cognitive-Emotional Appraisal & Physiological Reactivity to Stress*

Direct costs: \$100,000

**American Psychological Association Dissertation Research Award** (PI: Slavish)

11/01/2015-11/01/2016

*The Role of Neuroticism in Exposure-Reactivity to Daily Experiences and Nightly Sleep Quality*

Direct costs: \$1,000

## Presentations

### Chaired Symposium

1. Szabo, YZ & **Slavish, DC** (2020, March). *Stress, health and salivary markers of immunity: The state of the field and opportunities for future directions*. American Psychosomatic Society, Long Beach, CA. (conference cancelled due to COVID-19)

### Conference Talks

\* denotes graduate student collaborator \*\* denotes undergraduate or post-baccalaureate student collaborator

15. Pruiksma, KE, Taylor, DJ, Mintz, J, **Slavish, DC**, Wardle-Pinkston, S, Dondanville, K, Young-McCaughan, S, Nicholson, KL, Litz, BT, Dietch, JR, Keane, TM, Peterson, AL, & Resick, PA, for the Consortium to Alleviate PTSD. (2021, November). Treatment of comorbid insomnia, nightmares and posttraumatic stress disorder in active duty military: A pilot study. In N. Holder (Chair). When standard treatment is not enough: Augmenting and sequencing care for posttraumatic stress disorder. (Symposium). International Society of Traumatic Stress Studies 37th Annual Meeting. Virtual conference.
14. Rafiuddin, H, Messman, BA, **Slavish, DC**, Weiss, NH, & Contractor, AA (2021). Examination of daily-level associations between PTSD symptoms and COVID-19 worries. Flash talk accepted to the annual International Society for Traumatic Stress Studies conference.
13. **Slavish, DC**, Dietch, JR, Kane, H, Taylor, DJ, Ruggero, CM, Kelly, K, Yap, Y, & Wiley, J (2021, November). Daily stress and sleep associations vary by work schedule: A between- and within-person analysis in nurses. Gerontological Society of America.
12. \*Asbee, J, **Slavish, DC**, Taylor, DJ, & Dietch, JR. (2021, September). Video game usage, substance use, and sleep among college students. 15th European Conference on Game Based Learning. Brighton, UK.
11. **Slavish, DC**, Taylor, DJ, Ruggero, CM, Dietch, JR, Messman, B, Wardle-Pinkston, S, & Kelly, K (2020, March). *Beyond the mean: Personality, night-to-night variability in sleep, and social jetlag*. In K. Duggan & Z. Krizan (Co-Chairs), New insights into the role of personality processes for sleep. American Psychosomatic Society, Long Beach, CA. (conference cancelled due to COVID-19)
10. **Slavish, DC**, Graham-Engeland, J, Szabo, YZ. (2020, March). *Salivary markers of inflammation in response to acute stress*. In Y. Szabo D. Slavish (Co-Chairs), Stress, health and salivary markers of immunity: The state of the field and opportunities for future directions. American Psychosomatic Society, Long Beach, CA. (conference cancelled due to COVID-19)

9. \*Wardle-Pinkston, S, Taylor, DJ, **Slavish, DC**, Resick, P, Pruiksma, KE, Nicholson, K, Dietch J, Dondanville, K, Mintz, J, Hale, W, Litz, B, Young-McCaughan, Keane, TM, Peterson, AL, for the Consortium to Alleviate PTSD. (2019, November). *Impact of previous night's sleep on cognitive performance in active duty service members with PTSD, insomnia, and nightmare disorder*. International Society for Traumatic Stress Studies, Boston, MA.
8. Taylor, DJ, Resick, PA, Pruiksma, KE, Nicholson, K, Dietch, JR, **Slavish, DC**, Dondanville, KA, Wardle-Pinkston, S, Mintz, J, Hale, WJ, Williamson, DE, Litz, BT, Young-McCaughan, S, Keane, TM, Peterson, AL; for the Consortium to Alleviate PTSD. (2019, November). Treatment of comorbid sleep disorders and PTSD. International Society for Traumatic Stress Studies, Boston, MA.
7. Taylor, DJ, Resick, PA, Pruiksma, KE, Nicholson, K, Dietch, JR, **Slavish, DC**, Dondanville, KA, Wardle-Pinkston, S, Mintz, J, Hale, WJ, Williamson, DE, Litz, BT, Young-McCaughan, S, Keane, TM, Peterson, AL; for the Consortium to Alleviate PTSD. (2019, October). Treatment of comorbid sleep disorders and PTSD. Combat PTSD Conference, San Antonio, TX.
6. Taylor, DJ, Ruggero, CM, Dietch, JR, **Slavish, DC**, Messman, B, Wardle-Pinkston, S, Alkire, C, Kohut, ML, Kelly, K (2019, September). *Multifaceted measurement of sleep and circadian factors in sleep and depression*. In N. Carmona (Chair), Depression and sleep: New insights in measurement and treatment. World Sleep Congress, Vancouver, BC.
5. Taylor, DJ, Resick, P, Pruiksma, KE, Nicholson, K, Dietch J, **Slavish, DC**, Dondanville, K, Wardle-Pinkston, S, Mintz, J, Hale, W, Litz, B, Young-McCaughan, Keane, TM, Peterson, AL, for the Consortium to Alleviate PTSD. (2019, August). *Treatment of comorbid sleep disorders and PTSD: self-report findings*. Military Health System Research Symposium, Orlando, FL.
4. Taylor, DJ, Pruiksma, KE, **Slavish, DC**, Messman, B, Wardle-Pinkston, S, Williamson, D., & the STRONG STAR Consortium (2019, June). *Risk factors and correlates of insomnia across U.S. Army deployment cycle*. Vulnerability and risk for insomnia in military service members. Associated Professional Sleep Societies, San Antonio, TX.
3. **Slavish, DC**, Messman, B, Wardle-Pinkston, S, Kohut, M, Ruggero, C, Kelly, K, & Taylor, DJ. (2019, March). *Psychological and health correlates of night-to-night variability in sleep in nurses*. American Psychosomatic Society, Vancouver, BC.
2. **Slavish, DC**, Graham-Engeland, JE, Martire, LM, & Smyth, JM. (2017, March). *Temporal dynamics between daily affect, pain, and nightly sleep quality in young adults*. American Psychosomatic Society, Seville, Spain. (selected as newsworthy presentation of considerable interest to the general public and the scientific community)
1. Engeland, CG, Smyth, JM, **Slavish, DC**, & Graham-Engeland, JE. (2013, March). *Lessons learned from the bench: Relating salivary to blood-based inflammatory markers*. In JE Graham-Engeland (Chair), and JM Smyth & CG Engeland (Co-Chairs), Beyond salivary cortisol: Salivary biomarkers of immune function and stress at the cutting edge. American Psychosomatic Society, Miami, FL.

### Conference Posters (past year)

\* denotes graduate student collaborator \*\* denotes undergraduate or post-baccalaureate student collaborator

8. \*\*Jordan, S, **Slavish, DC**, Dietch, JR, Messman, BA, Taylor, DJ, Kelly, K, Ruggero, C, Haynes, P, Ruiz, J. (2022, June). The role of social vigilance and hindrance-challenge stress in predicting nightmares among nurses. Poster presented at the Associated Professional Sleep Societies, Charlotte, NC.
7. \*Almeida, IM, **Slavish, DC**, Rafiuddin, H, Contractor, AA. (2022, June). COVID-19 related distress and sleep among trauma-exposed South Asians: Does generational status matter? Abstract submitted for presentation at the Associated Professional Sleep Societies, Charlotte, NC.
6. Lucke, H, Connell, J, Kearns, N, **Slavish, DC**, Blumenthal, H, Boals, A (2022, April). Heterogeneity in emerging adult insomnia symptoms: A latent profile analysis. 67th annual convention of the Southwestern Psychological Association, Baton Rouge, LA.
5. Ramadan, B, Blumenthal, H, **Slavish, DC**, Hassan, F, Baker, A, Hall, M, Stucky, V. (2021, November). Social anxiety and sleep disturbance in adolescence. Association for Behavioral and Cognitive Therapies, Behavioral Sleep Medicine Special Interest Group (virtual conference).
4. Wilkerson, AK, **Slavish, DC**, Dietch, JR, Simmons, RO, Taylor, DJ, Smith, JP, Book, SW, McRae-Clark, A. (2021, June). Intraindividual variability in sleep is a key component in substance use treatment outcomes. College on Problems of Drug Dependence (virtual conference).
3. \*\*Squyres, E, **Slavish, DC**, & Graham-Engeland, JE. (2021, June). The role of self-esteem and sleep on inflammatory markers in young adults. Associated Professional Sleep Societies (virtual conference).

2. \*\*Martinez, J, \*\*Santiago, B, **Slavish, DC**, Dietch, JR, Messman, BA, Kelly, K, Ruggero, C, Taylor, DJ. (2021, June). Who is most at risk for nightmares? Demographic and psychosocial differences in nightmare prevalence among nurses. Associated Professional Sleep Societies (virtual conference).
1. \*\*Garcia, OG, **Slavish, DC**, Dietch, JR, Messman, BA, Contractor, AA, Haynes, PL, Pruiksma, KE, Kelly, K, Ruggero, C, Taylor, DJ. (2021, June). Daily stress and nightmares are bidirectionally associated among nurses. Associated Professional Sleep Societies (virtual conference).

### Invited Talks

5. **Slavish, DC** (2021, June). *Latent profile analyses in R*. Dallas R Ladies.
4. **Slavish, DC** (2021, April). *No two nights are the same: Causes and consequences of irregular sleep*. Department of Psychology Colloquium, University of Texas at Arlington.
3. **Slavish, DC** (2020, October). *No two nights are the same: Causes and consequences of variability in sleep*. Brummer Colloquium, Murray State University.
2. **Slavish, DC** (2020, April). *Does treating comorbid insomnia and PTSD change inflammatory biomarker levels?* University of Texas Health Science Center San Antonio Strong Star Didactics.
1. **Slavish, DC** (2018, October). *Why is sleep important? Tips to improve your sleep health*. UNT New Faculty Work-Life Balance workshop.

## Service

### Editorial

Section Editor *Stress & Health*

### Ad Hoc Reviewer

*Annals of Behavioral Medicine*  
*Brain, Behavior, and Immunity*  
*Biological Psychology*  
*Digital Health*  
*International Archives of Occupational and Environmental Health*  
*International Journal of Behavioral Medicine*  
*International Journal of Psychology*  
*Journal of Behavioral Health*  
*Journal of American College Health*  
*Journal of Behavioral Medicine*  
*Journal of Clinical Sleep Medicine*  
*Journal of Psychotherapy Integration*  
*Occupational and Environmental Medicine*  
*Personality and Individual Differences*  
*PLoS ONE*  
*Psychiatry Research*  
*Psychological Reports*  
*Psychology & Health*  
*SLEEP*  
*Sleep Health*  
*Stress & Health*

### Grant Reviewing

2022            NSF Reviewer  
 2021            NSF Reviewer

*University*

2021-	Executive committee, UNT
2021-	Faculty advisor for Graduate Association of Students in Psychology, UNT
2020-	Faculty advisor for Psychology Student Association, UNT
2020-	Election judge, UNT
2013-16	Healthy People Penn State Biobehavioral Health student representative, Penn State

*Doctoral Dissertation Committee Chair (Ph.D. Students Supervised)*

2020-	Brett Messman
2021-	Isamar Almeida
2021-	Madasen Briggs

*Doctoral Thesis Committee Member*

2021-	Courtney Sanders
2021-	Audon Archibald
2021-	Allison Laajala
2020-	Randi Jackson
2020-21	Sara Hartigan
2020-21	Danna Bismar
2020-21	Megan Dolan
2019-21	Ivan Carbajal
2019-20	Allison Dornbach-Bender

*Master's Thesis Committee Chair*

2020-21	Brett Messman
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*Master's Thesis Committee Member*

2022-	Jake Hanes
2022-	Shiho Toyama
2022-	Kamar Tazi
2021-	Maddie Straup
2020-21	Lizzie Griffith
2020-21	Banan Ramadan
2019-21	Chris Alkire
2017-18	Kait Carmichael

*Honor's Thesis Committee Chair*

2021-	Regan Christian
2021-	Sydney Seymour
2019-20	Gladys Segura

*McNair Scholar Supervision*

2021-	Elisa Valentine
2020-21	Odalis Garcia

**Professional Affiliations**

2017-	Sleep Research Society
2013-	American Psychosomatic Society
2013-	American Psychological Association (Division 38: <i>Health Psychology</i> )