**Sarah Fritz, Ph.D.**

**CONTACT INFORMATION**

Professional:

Michael E. DeBakey VA Medical Center

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**LICENSURE**

Provisionally Licensed Psychologist, Texas, #36790

* Passed the Examination for Professional Practice in Psychology (EPPP) on August 25, 2013
* Passed the Juris Prudence Exam on April 7, 2014

**EDUCATION**

2012 – 2017 **Doctor of Philosophy in Clinical Health Psychology** (August 2017)

 University of North Texas, Denton, Texas (APA-Accredited Doctoral Program)

* Dissertation: *A Mixed-Methods Approach to Exploring Social Support and Resilience in Coping with Stigma and Psychological Distress among HIV-positive Adults*
* Research Advisor: Mark Vosvick, Ph.D.

2010 – 2012 **Master of Science in Psychology** (December 2012)

 University of North Texas, Denton, Texas

* Thesis: *Heterosexist Harassment & Rejection, Emotional Social Support and Perceived Stress in a Lesbian, Gay, and Bisexual Sample*
* Research Advisor: Mark Vosvick, Ph.D.

2005 – 2009 **Bachelor of Arts in Psychology** (May 2009)

 Southwestern University, Georgetown, Texas

* Capstone Project: *Assessing the Relationship Between Emotional Intelligence, Hardiness, and Personality in College Students*
* Research Advisor: Paula Desmond, Ph.D.

**HONORS and AWARDS**

2016 Stephen Bufton Memorial Educational Fund Scholarship, American Business Women’s Association (ABWA), Humble Artesian Chapter

2016 College of Arts and Sciences Travel Support Grant, University of North Texas

2010 – 2015 Graduate Assistantship Tuition Scholarship, University of North Texas

2014 Stephen Bufton Memorial Educational Fund Scholarship, American Business Women’s Association (ABWA), Humble Artesian Chapter

2012 Academic Achievement Scholarship, Robert B. Toulouse School of Graduate Studies, University of North Texas

2012 College of Arts and Sciences Travel Support Grant, University of North Texas

2012 Educational Foundation Scholarship, Federation of Houston Professional Women (FHPW)

2011 Educational Foundation Scholarship, Federation of Houston Professional Women (FHPW)

2011 College of Arts and Sciences Travel Support Grant, University of North Texas

2010 Academic Achievement Scholarship, Robert B. Toulouse School of Graduate Studies, University of North Texas

2010 Academic Achievement Scholarship, Robert B. Toulouse School of Graduate Studies, University of North Texas

**APA-ACCREDITED POSTDOCTORAL RESIDENCY**

Michael E. DeBakey VA Medical Center (MEDVAMC)

Houston, Texas

Training Director: Ellen Teng, Ph.D.

***LGBT Interprofessional Health Emphasis Area***

* Participate in the monthly LGBT National Fellowship Seminar with other VA LGBT Interprofessional Health Psychology Postdoctoral Residents
* Serve on the MEDVAMC LGBT Advisory Committee to develop and to implement LGBT programming across the hospital and to make the VA campus a more welcoming environment to LGBT Veterans

8/2017 – Present **Cross-Sex Hormone Evaluations** – Michael Kauth, Ph.D.

* + - Perform diagnostic clinical interviews as part of assessing for gender dysphoria, candidacy, and emotional readiness for transgender Veterans to initiate medical transition and provide feedback of the assessment and recommendations
		- Seek referrals and engage in interdisciplinary consultation with Endocrinology and primary care physicians

2/2018 – Present **Infectious Diseases Clinic (HIV/Liver Diseases)** – Tara Steinberg, Ph.D.

* + - Provide brief, time-limited psychotherapy consistent with the Primary Care-Mental Health Integration (PCMHI) model of care and behavioral medicine interventions with Veterans living with HIV, hepatitis C and advanced liver diseases, in addition to co-morbid mental health concerns
		- Provide same-day, walk-in access for acute mental health concerns
		- Attend weekly Infectious Diseases Clinic didactics and case consultations
		- Consult with and function as part of an interdisciplinary team (infectious disease physicians, nurses, pharmacists, social workers)
		- Conduct psychological intakes and brief assessments (the Blessed Orientation Memory Concentration Test, STOP-BANG Sleep Apnea questionnaire, PHQ-9, PCL-5) for diagnosing and treatment planning
		- Conduct pre-exposure prophylaxes (PrEP) evaluations for Veterans at high risk for HIV infection
		- Will facilitate the Bravely Becoming Real, a 6-week transgender education and support group for transgender and gender non-conforming Veterans with the aim of teaching skills to move forward with gender transition and coping with emotions and disclosure to others

2/2018 – Present **Women’s Health Clinic** – Alison Sweeney, Psy.D.

* Will provide brief psychotherapy in line with the PCMHI model to women Veterans, with an emphasis on providing gender-sensitive care around unique women’s health issues (e.g., military sexual trauma, intimate partner violence, eating disorders, and reproductive health)
* Will conduct psychological intakes for diagnosing and treatment planning
* Co-facilitate Women’s Wellness Group, a 12-week drop-in group aimed at enhancing emotional well-being with a focus on developing and implementing effective cognitive, behavioral, emotional, and interpersonal skills

9/2017 – 2/2018 **General Mental Health Clinic with LGBT Veteran Emphasis** – Ashley Clinton Ph.D.

* + - Provided supportive, affirmative individual psychotherapy using evidence-based treatment approaches, including CBT, ACT, mindfulness and relaxation strategies, to LGBT Veterans presenting with mood disorders, trauma and anxiety-related disorders, minority stress, stigma, questioning, and mental health concerns related to sexual/gender identities
		- Facilitate the LGBT Pride & Courage psychotherapy process group for LGBT Veterans, with a focus on positive acceptance, identity development, increasing LGBT social support, positive coping to minority stressors
		- Routinely administered symptom checklists and screeners (GAD-7, PHQ-9, PCL-5) and LGBT specific measures (Internalized Homophobia Scale, Heterosexist Harassment, Rejection, and Discrimination Scale) as part of providing measurement-based care

12/2017 – 2/2018 **Substance Dependence Treatment Program** – Jill McGavin, Ph.D.

* Provided individual psychotherapy for substance use disorders, with a focus on relapse prevention integrating Motivational Interviewing, the Matrix Model, CBT and mindfulness for anxiety and stress management
* Provided supervised supervision to a Psychology Intern with a focus on learning and utilizing Motivational Interviewing for Veterans with substance use disorders

9/2017 – 11/2017 **Primary Care-Mental Health Integration (Health Psychology Focus) –**Dorothy Octavia Jackson, Ph.D.

* + - Provided brief, focused psychotherapy using the Primary Care-Mental Health Integration Model of care in the primary care setting for Veterans presenting with mild to moderate mood disorders, medical comorbidities (e.g., migraines, GI issues, obesity), health behavior difficulties (diet, exercise), and medical problems
		- Routinely utilized symptom inventories (PHQ-9, GAD-7) as part of providing measurement-based care
		- Learned Acceptance and Commitment Therapy (ACT) for Depression as applied in a primary care setting and co-facilitated ACT for Depression psychotherapy group

\*The 4th quarter minor rotation is to be determined

**APA-ACCREDITED PREDOCTORAL INTERNSHIP**

Michael E. DeBakey VA Medical Center (MEDVAMC)

Houston, Texas

Training Director: Ellen Teng, Ph.D.

**Clinical Rotations:**

4/2017 – 7/2017 **Spinal Cord Injury (SCI)**

 *Supervisor:* Herbert Ames, Ph.D., ABPP

* Gained clinical experience with Veterans with a range of SCI injuries and other physical disabilities and medical comorbidities in a medical inpatient unit
* Provided individual psychotherapy to SCI patients who were hospitalized for new injuries, rehabilitation, or respite care, with a focus on positive adjustment to disability, stress management, self-management, and health behavior change utilizing Motivational Interviewing
* Participated in weekly interdisciplinary team meetings and engaged in consultation for treatment and discharge planning
* Participated in family conferences for newly injured SCI patients for treatment and discharge planning
* Performed annual psychosocial evaluations (diagnostic clinical interview, psychosocial measures – PHQ-9, PC-PTSD Screen, Deiner Satisfaction with Life Scale, UW-Self-Efficacy Scale, World Health Organization 5 Well-being Index, PROMIS-Anxiety, Multidimensional Scale of Perceived Social Support Scale, Life Engagement Test, Brief Pain Inventory, AUDIT-C, Appraisals of Disability – Primary & Secondary Scale) for SCI outpatients
* Organized didactic presentation on the Millon Behavioral Medicine Diagnostic (MBMD) for potential use in spinal cord injury populations

4/2017 – 7/2017 **PTSD Clinical Team**

 *Supervisor:* Wright Williams, Ph.D., ABPP

* Gained exposure to trauma-focused evidence based psychotherapies, including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) Therapy, in an outpatient clinic
* Provided individual psychotherapy using CPT and PE and routinely administered PCL-5 to establish baseline symptomology and to track progress
* Facilitated group psychotherapy using interpersonal process approaches for Veterans with chronic PTSD from the Vietnam War and Korean War eras
* Participated in weekly PTSD Clinical Team meetings with case review

12/2016 – 3/2017 **Pre-Surgical Assessment**

 *Supervisor:* Shiquina Andrews Ph.D.

* Performed pre- and post-VACO mental health evaluations for Veterans seeking kidney, liver, and bone marrow transplants; these consisted of diagnostic clinical interviews, brief psychological/behavioral medicine questionnaires (GAD-7, PHQ-9, MBMD), and brief neuropsychological screeners (MoCA) as indicated
* Performed mental health evaluations for living donors for liver and kidney transplant
* Participated and presented cases at weekly liver and kidney interdisciplinary medical review board meetings

12/2016 – 3/2017 **Pain Evaluation Center**

 *Supervisor:* Jeffrey West, Ph.D.

* Performed clinical interviews and assessment intakes (Pain Outcomes Questionnaire; PHQ-9, GAD-7, Perceived Stress Scale, Multidimensional Scale of Perceived Social Support, Pain Catastrophizing Scale) for Veterans with chronic pain conditions in a primary care setting using the stepped model of care
* Provided individual psychotherapy (CBT for Chronic Pain, stress management, relaxation and mindfulness-based skills, Motivational Interviewing for alcohol and opioid use disorders)
* Participated in weekly interdisciplinary team meetings with pain physician, PA, psychiatrist, and psychologists and provided interdisciplinary consultation

8/2016 – 12/2016 **Infectious Diseases (HIV/Liver Diseases) Clinic**

 *Supervisor:* Tara Steinberg, Ph.D.

* + - Provided brief, time-limited psychotherapy consistent with the Primary Care-Mental Health Integration (PCMHI) model of care and behavioral medicine interventions with Veterans living with HIV, hepatitis C and advanced liver diseases, in addition to co-morbid mental health concerns
		- Provided same-day, walk-in access for acute mental health concerns
		- Attended weekly Infectious Diseases Clinic didactics and case consultations
		- Functioned as part of an interdisciplinary team (physicians, nurses, pharmacists, social workers)
		- Conducted psychological intakes and brief assessments (the Blessed Orientation Memory Concentration Test, STOP-BANG Sleep Apnea questionnaire, PHQ-9, PCL-5) for diagnosis and treatment planning
		- Conducted pre-exposure prophylaxes (PrEP) evaluations for Veterans at high risk for HIV

8/2016 – 12/2016 **Health Promotion Disease Prevention**

 *Supervisor:* Daniel DeBrule, Ph.D., Health Behavior Coordinator

* + - Provided individual in-person and telephone sessions for smoking cessation and MOVE! diet and exercise counseling
		- Facilitated smoking cessation class
		- Provided supervised supervision to psychology extern in a primary care setting
		- Participated in trainings for Motivational Interviewing (MI) and utilized MI techniques in supporting Veterans with health behavior change
		- Received training in the VA’s Whole Health Model and health coaching
		- Engaged in outreach to Veterans referred from physicians for smoking cessation and weight management counseling
		- Attended monthly Health Promotion Disease Prevention committee meetings

8/2016 – 12/2016 **Neuropsychology – Polytrauma Network Site**

 *Supervisor:* Nicholas Pastorek, Ph.D., ABPP

* Conducted outpatient neuropsychological assessments (WAIS-IV subtests, WMS-IV subtests, Word Memory Test, Test of Memory Malingering, Stroop, Trailmaking Tests A & B, Semantic and Phonemic Fluency), with Veterans with polytrauma and mild TBI from Operation Enduring Freedom/Operation Iraqi Freedom with emphasis on clinical interviewing, test selection, test administration, interpretation of data, and performance validity
* Performed brief cognitive assessments (Trailmaking Tests A & B, RBANS) for consults received from the inpatient rehabilitation unit for Veterans with traumatic brain injury and stroke

**CLINICAL PRACTICA EXPERIENCE**

7/2015 – 6/2016 **VA North Texas Health Care System, Gold Team Mental Health Clinic** (VA Medical Center Residential/Group Home and Outpatient Psychiatric Clinic/Hospital) *–* Dallas, Texas

*Supervisors:* Michael Dolan, Ph.D. and Erica Wilson, Ph.D.

 *Residential Responsibilities:*

* + - Served as primary clinician and was responsible for treatment planning, suicide risk assessment, and providing treatment coordinator services for Veterans
		- Routinely administered the Brief Addiction Monitor (BAM) to establish baseline symptomology and to track progress at the conclusion of residential treatment
		- Conducted time-limited, supportive individual psychotherapy with residents
		- Facilitated group psychotherapy and psychoeducation on relapse prevention, coping skills, and stress management using the Matrix Model
		- Collaborated and consulted with multidisciplinary team

*Outpatient Responsibilities:*

* + - Conducted individual outpatient psychotherapy with veterans addressing mood and stress management, coping skills, and relapse prevention
		- Co-facilitated the incentives-based contingency management program for Veterans with stimulant use disorder

2/2014 – 5/2015 **John Peter Smith Hospital, Healing Wings HIV/AIDS Clinic** (Outpatient Psychiatric Clinic) – Fort Worth, Texas

 *Supervisor:* Mandy Jordan, Ph.D.

* + - Conducted individual psychotherapy, intake assessments (BDI, BAI, PCL-5), and interviews with adults living with HIV/AIDS
		- Co-facilitated HIV-positive men’s group psychotherapy, which largely consisted of gay and bisexual men
		- Participated as a member of a multidisciplinary team

8/2013 – 5/2015 **John Peter Smith Hospital, Trauma and Intensive Care Unit** *(Medical Hospital)* – Fort Worth, Texas

*Supervisors:* Ed Miles, Ph.D. and Mandy Jordan, Ph.D.

* + - Administered, scored, and interpreted mental status exams, neuropsychological screenings, and capacity evaluations (MoCA, PHQ-9, BDI, BAI, PCL-5)
		- Conducted psychological interviews for patients referred for PTSD, mood disorders and suicidal ideation
		- Evaluated patients in trauma and intensive care units for neurobehavioral deficits, including attention, memory, processing speed, language, abstraction, and executive functioning
		- Served as consultation liaison
		- Participated in trauma rounds and gave grand rounds PTSD presentation
		- Provided psychoeducation
		- Worked with a multidisciplinary treatment team to provide diagnoses, reports, referrals, and discharge planning

8/2013 – 5/2015 **John Peter Smith Hospital, Adolescent Inpatient Unit** (Inpatient Psychiatric Hospital) – Fort Worth, Texas

*Supervisors:* Ed Miles, Ph.D., Alan Frol, Ph.D., and Alan Hopewell, Ph.D.

* + - Conducted psychological interviews and assessments (WAIS-IV/WISC-IV, Rorschach, Thematic Apperception Test, MMPI-A) for adolescents referred for psychotic disorders, severe mood disorders, suicidal ideation and intellectual deficits
		- Assisted with treatment recommendations and discharge planning

8/2013 – 5/2015 **John Peter Smith Hospital, Trinity Springs Pavilion** (Outpatient Psychiatric Clinic) – Fort Worth, Texas

*Supervisors:* Ed Miles, Ph.D., Alan Frol, Ph.D., and Alan Hopewell, Ph.D.

* + - Conducted psychological interviews and assessments for adults referred by their primary care physicians and/or psychiatrists to provide diagnostic clarification (WAIS-IV, WMS-IV, Rorschach, MMPI-2)
		- Offered treatment recommendations to enhance continuity of care

8/2013 – 2/2014 **UNT Health Science Center, Memory Clinic** (Outpatient Psychiatric Clinic) – Fort Worth, Texas

 *Supervisors:* April Wiechmann, Ph.D. and James Hall, Ph.D.

* + - Administered, scored, and interpreted neuropsychological evaluations to geriatric patients presenting with mild cognitive impairment and dementias (WMS-IV subtests, WAIS-IV subtests, Trailmaking Tests A & B, TOMM, Grip Strength, Grooved Pegboard)
		- Collaborated with a multidisciplinary team of health professionals to provide patient feedback and to assist with treatment planning

8/2012 – 5/2013 **Change Resource Counseling** (Private Practice) – Bedford, Texas

 *Supervisor:* Shawn Jeffries, Ph.D.

* + - Provided individual smoking cessation counseling to adults incorporating Motivational Interviewing
		- Developed curriculum for a smoking cessation psychotherapy group
		- Co-facilitated individual psychotherapy using Dialectical Behavior Therapy
		- Administered, scored, interpreted, and gave feedback on psychological assessments (WAIS-IV, PAI)

8/2010 – 5/2013 **University of North Texas, Psychology Clinic** (Department Clinic) – Denton, Texas

 *Supervisors:* Deb Conte, Ph.D., Charles Guarnaccia, Ph.D., Mandy Jordan, Ph.D., Mary Roberts, Ph.D., and Amy Williams, Ph.D.

* + - Conducted structured clinical interviews
		- Provided individual psychotherapy to adults (Cognitive Behavioral Therapy, Cognitive Processing Therapy, Interpersonal Therapy, Motivational Interviewing)
		- Participated in group supervision and individual supervised supervision
		- Remained available for emergency treatment during on-call hours
		- Administered, scored, and interpreted a variety of comprehensive, integrative intellectual assessments (WAIS-IV, Woodcock-Johnson Tests of Achievement-III, Wisconsin Card Soring Test) for adults, including learning disorder assessments, ADHD assessments (Connors Continuous Performance Test, Test of Variables of Attention) and diagnostic clarification using objective and projective personality assessments (Rorschach, Thematic Apperception Test, Rotter’s Incomplete Sentence Blanks, PAI, MMPI-2, MCMI-III)
		- Generated integrated reports and provided feedback to patients. Collaborated with the on-campus office of disability accommodations
		- Supervised other student clinicians

**OTHER CLINICAL EXPERIENCE**

6/2011 – 8/2011 **Legacy Counseling Center** (HIV/AIDS Community Mental Health) – Dallas, Texas

 Summer Intern

 *Supervisor:* Melissa Grove, LMSW

* Assisted with clerical work and case management for HIV/AIDS counseling facility
* Assisted Housing Director and Executive Director in creating housing resource guide for homeless, HIV-positive individuals

5/2009 – 5/2010 **Austin Travis County Integral Care, Alameda House** (Residential/Group Home) – Austin, Texas

Caseworker Assistant

 *Supervisor:* Carissa Dougherty, LCSW

* Served clients with a variety of psychiatric disorders (personality, psychotic, mood) and comorbid substance use disorders in a 90-day transitional housing program
* Monitored clients and intervened as necessary to ensure client safety
* Modeled and promoted socially acceptable behaviors and assisted with daily routines
* Managed crisis situations
* Monitored medications
* Served as part of a treatment team
* Maintained daily progress notes for all clients

5/2008 – 5/2008 **LifeSteps Williamson County Alcohol and Drug Council** (Community Mental Health) – Georgetown, Texas

 Domestic Violence Verizon Intern

 *Supervisor:* Rhonda Hohmann, LCDC

* Collaborated with legal and mental health professionals concerning families with domestic violence and substance abuse crises
* Assisted with client evaluations, case management, and supervised visitations between parents and children
* Implemented a children’s anti-drug and alcohol program

5/2007 – 8/2007 **Legacy Counseling Center & Legacy Founders Cottage** (HIV/AIDS Community Mental Health/Residential Home) – Dallas, Texas

 ExxonMobil Community Summer Jobs Intern

 *Supervisors:* Emily Marks, MA and Melissa Grove, LMSW

* Assisted Program Director at an HIV/AIDS respite/hospice care facility with case management, patient evaluations, and intakes
* Organized and implemented volunteer programs
* Attended ExxonMobil-sponsored workshops with other interns about working in the non-profit sector
* Was exposed to and learned about the psychosocial issues surrounding HIV/AIDS

**SPECIALIZED CLINICAL TRAINING**

2018 *VISN 16 Primary Care-Mental Health Integration (PC-MHI) Facility Training Rollout.* Participated in 2-day PCMHI competency training for clinicians working in primary care settings and passed the initial competency demonstration. Michael E. DeBakey VA Medical Center, Houston, Texas.

2017 *Gender Infinity Conference*. Attended 1-day conference specifically for mental health and medical providers who provide care to transgender/gender diverse patients. University of Houston.

2014 *Introduction to Acceptance and Commitment Therapy (ACT) Two Day Training.* Attended 2-day introduction and training in ACT. Steven C. Hayes, Ph.D. Houston, Texas.

2011 *Cognitive Processing Therapy – CPTWeb online training course*. Completed online CPT training. Patricia Resick, Ph.D., Candice Monson, Ph.D., and Kathleen Chard, Ph.D.

**RESEARCH EXPERIENCE**

**Michael E. DeBakey VAMC**

8/2017 – Present **LGBT Research with LGBT Veteran Care Coordinator (VCC)**

*Research Supervisor*: Deleene Menefee, Ph.D.

* Examine health disparities and mental health factors among lesbian and bisexual female Veterans from the MEDVAMC’s WISER (women’s inpatient PTSD program) for a manuscript and symposium presentation
* Collaborate with the VCC to develop LGBT Veterans needs assessment/mixed methods study for MEDVAMC for program development and evaluation purposes
* Collaborate with the VCC and Psychology Intern in implementing sexual health assessment and LGBT affirming care in primary care as part of a performance improvement project at MEDVAMC

9/2017 – Present **HIV and Primary Care Manual**

 *Research Supervisor:*Tara Steinberg, Ph.D.

* Authored the “Post Traumatic Stress Disorder (PTSD) and Trauma Informed HIV Care” chapter and the “Lesbian, Gay, Bisexual, and Transgender (LGBT) Health” chapter in 2018 edition of *Primary Care of Veterans with HIV*, a VA published and nationally disseminated primary care manual for clinicians

**University of North Texas – Center for Psychosocial Health Research (CPHR)**

2010 – 2016**Doctoral Student Research Member**

* Collaborated with undergraduate student members, psychology doctoral student members, and a range of multidisciplinary faculty members (kinesiology, business, sociology, psychology)
* Conducted quantitative, survey and mixed-methods research (including community-based participatory research and face-to-face interviews) involving psychosocial issues within the lesbian/gay/bisexual/transgender (LGBT) communities and populations affected by HIV/AIDS
* Assisted undergraduate students with written research proposals, data analyses, interpretation, poster presentations, oral presentations and served as a mentor
* Networked with local HIV/AIDS and LGBT community-based organizations as well as the Dallas County Health Department and the Tarrant County Health Department
* Completed “Protecting Human Research Participants” web-based training course, National Institutes of Health (NIH) Office of Extramural Research

2015 – 2016 **Project Gray Pride: Psychosocial Health Survey for the Aging LGBT Populations**

 University of North Texas – Center for Psychosocial Health Research (CPHR)

* Helped train undergraduate research members to recruit participants and recruited participants at local LGBT community-based organizations and local gay venues, including Dallas Gay Pride for this study exploring psychosocial and mental health needs for LGBT adults over the age of 55

2014 – 2016 **Project HIV Stigma: A Mixed Methods Study of HIV-Positive Adults**

University of North Texas – Center for Psychosocial Health Research (CPHR)

* As the project manager: prepared and submitted the IRB application, recruited and scheduled participants for the quantitative phase of the study, conducted face-to-face interviews, taught undergraduate research assistants to transcribe and to code interviews

2013 – 2014 **Project Intimate Partner Violence (IPV)**

 University of North Texas – Center for Psychosocial Health Research (CPHR)

* Helped recruit participants at local LGBT community-based organizations and local gay venues, helped administer the computer-delivered survey protocol for a study exploring intimate partner violence, forgiveness, and resilience among LGB adults

2011 – 2012 **HIV in the African-American MSM Community: A Community-Based Participatory Research Project**

 University of North Texas – Center for Psychosocial Health Research (CPHR)

* Identified participant recruitment sites, networked with local AIDS service organizations to recruit participants, created a qualitative interview protocol, and co-facilitated face-to-face interviews with participants and key informants knowledgeable about the needs of local African-American MSM at risk for HIV

2010 – 2011 **Project Heart: HIV, Substance Addiction and Exercise**

 University of North Texas – Center for Psychosocial Health Research (CPHR)

* Served as a research confederate for this study exploring psychoneuroendocrine comorbidities and relapse prevention in HIV-positive women in treatment for substance use disorder

**PUBLICATIONS**

**Fritz, S.**, Steinberg, T., De La Cruz, A., Dike, D., & Le, B. (2018). Posttraumatic Stress Disorder (PTSD) and Trauma Informed HIV Care. (Book chapter in preparation).

**Fritz, S.** & Steinberg, T. (2018). Lesbian, Gay, Bisexual, and Transgender (LGBT) Health. (Book chapter in preparation).

Vosvick, M., **Fritz, S**., Henry, D., Prybutok, V., Sheu, S., & Poe, J. (2016). Correlates and racial/ethnic differences in bareback sex among MSM with unknown or negative HIV serostatus. *AIDS and Behavior, 20*(12), 2798-2811,doi:10.1007/s10461-016-1366-1

**Fritz, S.** & Vosvick, M. (2011). Trait anxiety & resilience: Correlates of HIV-related personalized stigma. *Annals of Behavioral Medicine, 41*(Suppl), C063.

**PRESENTATIONS**

**Fritz, S.**, Menefee, D., Holmberg, N., Holliday, R., Monteith, L., & Kauth, M. (2018, August). *Understanding sexual/gender minority Veterans: Risk, resiliency, and psychosocial functioning.* Symposium accepted for the American Psychological Association Annual Convention, San Francisco, CA.

Holmberg, N. J., **Fritz, S**., Kauth, M. R., Latini, D. M., & Barrera, T. (2018, May). *Getting acquainted with the Bs in LGBT: Descriptive data from bisexual veterans*. Poster presentation accepted for the 21st Annual Association of VA Psychologist Leaders (AVAPL) Conference, San Antonio, TX.

**Fritz, S**., Vosvick, M., Henry, D., Prybutok, V., Sheu, S., & Poe, J. (2016). *Correlates and racial/ethnic differences in bareback sex among MSM with unknown or negative HIV serostatus*. Poster session presented at the American Psychological Association Annual Convention, Denver, CO.

Guerrero, A., **Fritz, S.**, & Vosvick, M. (2013, May). *Correlates of self-esteem in lesbian, gay, and bisexual communities: Heterosexism and adaptive forms of coping*. Poster session presented at the Association of Psychological Science Annual Convention, Washington, D.C.

Guerrero, A., **Fritz, S.**, Chng, C., & Vosvick, M. (2012, November). *Correlates of perceived stress in the lesbian, gay, and bisexual communities: Heterosexism, self-esteem, and depression.* Oral/paper presentation at the American Public Health Association Annual Convention, San Francisco, CA.

**Fritz, S.** & Vosvick, M. (2012, September). *Maladaptive coping and psychological quality of life in an LGB sample*. Oral presentation at the Gay & Lesbian Medical Association Annual Meeting, San Francisco, CA.

**Fritz, S.** & Vosvick, M. (2011, August). *Social support, heterosexist harassment, rejection & discrimination: Predictors of perceived stress in an LGB sample.* Poster session presented at the American Psychological Association Annual Convention, Washington, D.C.

**Fritz, S.** & Vosvick, M. (2011, April). *Trait anxiety & resilience: Correlates of HIV-related personalized stigma*. Poster presented at the Society of Behavioral Medicine Annual Meeting, Washington, D.C.

**Fritz, S.** & Vosvick, M. (2011, March). *Social support and mindfulness skills: Correlates of depression in a lesbian, gay and bisexual sample*. Poster presentation at the American Psychosomatic Society Annual Meeting, San Antonio, TX.

Desmond, P., Poritz, J., & **Fritz, S.** (2010, April). *Exploring emotional intelligence and coping within a transactional model of stress*. Poster presented at the Southwest Psychological Association Annual Meeting, Dallas, TX.

**EDITORIAL REVIEWER**

Ad Hoc Reviewer – *LGBT Health*

**GRANT EXPERIENCE**

**Reviewer** for 2012 External Review Committee for Ryan White Funding, HIV Health and Social Funds, Dallas County Health and Human Services (DCHHS), Dallas, TX.

**Submitted** 2011 Patient-Centered Outcomes Research Institute (PCORI), Pilot Project Grant, “A Community Participatory Model for Lesbian Health: Health and Barriers to Care” for $250,000. Not Funded.

**Submitted** 2011 Gay and Lesbian Medical Association (GLMA), Lesbian Health Fund, “Lesbian Health Project: A Community Based Participatory Approach” for $500-10,000. Not Funded.

**PROFESSIONAL AFFILIATIONS**

American Psychological Association

* APA Division 12 (Society of Clinical Psychology)
* APA Division 38 (Society for Health Psychology)
* APA Division 44 (Lesbian, Gay, Bisexual & Transgender Issues)

Association of VA Psychologist Leaders (AVAPL)

Houston Psychological Association (HPA)

Texas Psychological Association (TPA)

**COMMITTEE APPOINTMENTS and ADMINISTRATIVE EXPERIENCE**

8/2017 – Present **Multicultural & Diversity Subcommittee (MDSC)** – Psychology Resident Committee Member

* + - Participate in bi-weekly MDSC meetings to address diversity training needs, events, and present feedback to the committee
		- Facilitate small group discussions with psychology trainees (interns and residents) as part of the post-diversity outing processing
		- Help organize diversity activities and outings for the psychology staff and trainees, including the annual MDSC diversity luncheon
		- Assist with outreach to American Psychological Association Minority Fellows to invite them to apply to MEDVAMC predoctoral internship and informed them of the MDSC and involvement with psychology training
		- Document diversity outings throughout the training year
		- Editor of the MDSC quarterly newsletter, *Celebrating Diversity*
		- Represent the psychology resident cohort and communicate residents’ concerns, feedback, and needs regarding multicultural and diversity to the MDSC staff
		- Collaborate with the MDSC psychology intern representatives on diversity opportunities and initiatives

11/2017 – 2/2018 **Internship and Residency Recruitment**

* Assist the Psychology Training Committee and Post-Doctoral Steering Committee in reviewing applications and establishing rankings for internship and postdoctoral residency positions

9/2017 – 11/2017 **Post-Doctoral Steering Committee** – Resident Representative

* Participated in monthly committee meetings
* Served as a liaison to represent the psychology resident cohort and to communicate residents’ concerns, questions, or needs during the residency training year to the committee

8/2016 – 7/2017 **Multicultural & Diversity Subcommittee (MDSC)** – Predoctoral Intern Representative

* + - Helped organize diversity activities for the psychology staff and trainees
		- Contributed to the MDSC quarterly newsletter
		- Assisted MDSC psychology staff with compiling information for accreditation audit
		- Represented the internship cohort and communicate interns’ concerns and needs regarding multicultural and diversity
		- Collaborated with the MDSC psychology resident representatives on diversity opportunities and initiatives
		- Assisted with literature review and writing program evaluation proposal for diversity training of psychology interns

**TEACHING EXPERIENCE and CLINICAL PRESENTATIONS**

**Michael E. DeBakey VAMC**

August 2017 **Predoctoral Intern Seminar** – “How To Have A Successful Internship Year”

November 2017 **Center of Excellence (CoE) Didactics** – “LGBT in the VA Population”

 **Transgender Veteran Awareness Day & Panel Discussion** – “Gender Affirming Care in the VA”

February 2018 **Nursing Clinical Staff Council Meeting** – “Sexual Health Assessment & LGBT”

April 2018 **Predoctoral Intern Seminar** – “Treating LGBT Veterans (or anyone else who identifies as LGBT)”

June 2018 **LGBT Veteran Pride Celebration**

**University of North Texas**

2015 **Quantitative Methods Lab** (PSYC 3610), Teaching Fellow

2014 **Quantitative Methods Lab** (PSYC 3610) and Experimental Methods Lab (PSYC 2950), Teaching Fellow

2013 **Psychosocial Adjustment** (PSYC 2480), Teaching Fellow; Sexual Behavior (PSYC 4470), Teaching Assistant

2012 **Quantitative Methods Lab** (PSYC 3610), Teaching Fellow; Psychosocial Adjustment (PSYC 2480), Teaching Assistant

2011 **Psychology of Women and Health Psychology** (PSYC 3490), Teaching Assistant

2010 **General Psychology I** (PSYC 1630), Teaching Assistant

**COMMUNITY INVOLVEMENT and OTHER RELATED EXPERIENCE**

2010 – 2015 **AIDS Arms LifeWalk**

* + - Participated in an annual fundraising walk for a local AIDS service organization to raise awareness and funds for individuals with HIV/AIDS

2010 – 2015 **Alan Ross Freedom Parade (Dallas Gay Pride Parade)**

* Walked in annual Pride Parade to support LGBT awareness and rights

2000 – 2016 **Legacy Counseling Center**

* Helped with fundraising, donation drives, and donated volunteer time to HIV/AIDS counseling facility and respite/hospice facility

***REFERENCES AVAILABLE UPON REQUEST***