

CURRICULUM VITAE

STACY E. BONDS

PERSONAL INFORMATION

University of North Texas
1155 Union Circle #311280
Denton, TX 76203-4682

Telephone: (913) 907-7436
E-Mail: stacy.bonds@gmail.com

EDUCATION

- 2018 Ph.D. *In progress*, Counseling Psychology University of North Texas
Dissertation: An Exploratory Mixed Method Study of Gender
and Sexual Minority Health in Dallas: A Needs Assessment
Dissertation Chair: Mark A. Vosvick, Ph.D.
- 2015 M.S. Psychology University of North Texas
Thesis: Shame Due to Heterosexism, Self-Esteem and Perceived Stress:
Correlates of Psychological Quality of Life in a Lesbian, Gay and Bisexual Sample
Thesis Chair: Mark A. Vosvick, Ph.D.
- 2012 B.A. Psychology, Magna Cum Laude St. Olaf College

CLINICAL EXPERIENCE

VA Portland Health Care System June 2017-Present
Psychology Intern

Supervisors: Derek Burks, Ph.D., Jason Steward, Ph.D., and Elizabeth Goy, Ph.D.

Training Director: Marilyn Huckans, Ph.D.

Currently completing APA-Accredited predoctoral internship with the following rotations:

- **Inpatient Psychiatry**: Served on interdisciplinary team in acute inpatient psychiatry unit. Provided individual and group psychotherapy to Veterans and family members. Conducted psychological assessment (diagnostic clarification, personality, discharge planning). Engaged in professional consultation as well as program development (adapted Cognitive Behavioral Therapy for Chronic Pain (CBT-CP) for setting, developing group procedures).
- **Mental Health Clinic**: Served on multidisciplinary outpatient clinic. Provide individual psychotherapy and couples therapy, with Acceptance and Commitment Therapy (ACT) and Integrated Behavioral Couples Therapy (IBCT). Conduct intake and psychological assessments (diagnostic clarification, personality, ADHD). Participate in palliative care team, including weekly inpatient rounds.
- **Posttraumatic Stress Disorder Clinical Team**: Currently serving on multidisciplinary PCT. Provide group psychotherapy as well as individual trauma-focused psychotherapy, Cognitive Processing Therapy (CPT) and Prolonged Exposure Therapy (PE). Conduct psychological assessments (PTSD, personality, and/or cognitive impairment). Engage in program development for the clinic.
- In Cognitive Processing Therapy (CPT) certification process with Jaimie Lusk, Psy.D.

The Steven A. Cohen Military Family Clinic at Metrocare

August 2016-May 2017

Psychotherapy Extern

Supervisors: Amy M. Williams, Ph.D. and Caitlin D. Schraufnagel, Ph.D.

- Didactic and applied training in CPT, PE, and Cognitive Behavioral Therapy for Insomnia (CBT-I).
- Individual psychotherapy with Veterans and their family members.
- Weekly didactic seminars, individual and group supervision.

DR Associates of North Texas

July 2016-January 2017

Neuropsychological Assessment Extern

Supervisor: Nicole R. Grandjean, Ph.D.

- Outpatient neuropsychological assessment with adults with neurocognitive disorders including attention-deficit/hyperactivity disorder, Parkinson's disease, cerebrovascular accidents, traumatic brain injury and Lewy body dementia.
- Administer, score and report results of neuropsychological assessments.

VA North Texas Health Care System, Dallas

August 2015-May 2016

Psychotherapy Extern

Supervisor: Gloria J. Emmett, Ph.D., ABPP

- Didactic and applied training with ACT and Dialectical Behavior Therapy (DBT).
- Individual psychotherapy with Veterans within an ACT contextual behavioral framework.
- Co-facilitated several psychotherapy groups, including a trauma support group for women, a DBT skills group, a LGBT support group and an anger management group.

UNT Psychology Clinic, Couples and Family Therapy Practicum

January-May 2016

Student Clinician

Supervisor: Shelley Riggs, Ph.D.

- Didactic and applied training with major theories of couple and family therapy.
- Applied training with structural family therapy.
- Administer, interpret, and report results of pre/post-treatment family assessment.
- Received weekly group and live supervision. Provided supervision to peers.

UNT Psychology Clinic

August 2012-May 2015

Student Clinician

Supervisors: Vicki Campbell, Ph.D., Patricia Kaminski, Ph.D., Shelley Riggs, Ph.D., and C. Edward Watkins, Ph.D.

- Didactic and applied training with CPT.
- Individual psychotherapy with adults.
- Administer, interpret, and report results of comprehensive intellectual, personality and diagnostic assessments given to adults.
- Weekly on-call, intake, individual and group supervision.

UNT Counseling and Testing Services

August 2013-May 2015

Student Clinician

Supervisors: Matt Atkins, Ph.D., Pamela Flint, Ph.D., and Arlene Rivero, Ph.D.

- Individual psychotherapy and vocational counseling with undergraduate students.
- Administer, interpret and report results of vocational assessments.
- Weekly individual supervision and didactic seminars.
- Co-facilitated a weekly mindfulness workshop with Dr. Martin Gieda, Spring 2015.

GENERAL RESEARCH INTERESTS

Health in gender and sexual minority (GSM) communities, GSM issues, HIV/AIDS, Veterans.

RESEARCH EXPERIENCE

UNT Center for Psychosocial Health Research

January 2013-Present

Graduate Research Member

Supervisor: Mark A. Vosvick, Ph.D.

- Design and manage research projects related to gender and sexual minority (GSM) health. Managed sequential exploratory mixed method study that examines GSM experience of health care in Dallas (i.e., research design, participant recruitment, training undergraduate and graduate research assistants, data collection, data analysis).
- Collect and analyze data related to GSM health.
- Write internal and external research grants.
- Mentor undergraduate students on research and career development.
- Support GSM and people living with HIV/AIDS in Dallas through raising awareness, fundraising and participating in local events, such as LifeWalk and Dallas Pride.

St. Olaf College

February-December 2011

Research Collaborator

Supervisor: Chuck Huff

- Conducted qualitative research examining diversity.
- Reviewed literature on diversity within organizations.
- Used grounded theory to develop a coding scheme in order to examine the effect of homogeneity and diversity on decision-making and performance within organizations using an existing data set on moral exemplars.

PUBLICATIONS

Holliday, R., **Bonds, S.** & Williams, R. (2017). Military sexual trauma and sexually transmitted infection: Current knowledge and future directions. *Federal Practitioner*, 34(4), 24-27.

PRESENTATIONS AND POSTERS

Clubb, S., Guerrero, A. J., **Bonds, S. E.**, & Vosvick, M. (2014, November). *Behavioral disengagement in lesbian, gay and bisexual communities: Avoidant attachment, forgiveness, and optimism*. Presentation at American Public Health Association Annual Meeting, New Orleans, LA.

Bonds, S. E., Purser, M., & Vosvick, M. (2014, August). *Sexual risk, self-esteem, stress, shame: Correlates of psychological quality of life in a LGB sample*. Poster presented at American Psychological Association National Convention, Washington, DC.

Stem, W. **Bonds, S. E.**, & Vosvick, M. (2014, May). *Correlates of resilience in an HIV+ sample: Behavioral disengagement, optimism and HIV-stigma*. Poster presented at Association for Psychological Science Annual Convention, San Francisco, CA.

FUNDED GRANTS

Graduate Student Support Grant

May 2014

College of Arts and Sciences, University of North Texas

Awarded: \$425

GRANT APPLICATIONS

Lesbian Health Fund

October 2014

Gay and Lesbian Medical Association

Title: Workplace Stressors: Correlates of Sexual Minority Women's Health

Aims: Investigate whether sexual minority women experience significantly more workplace stress than heterosexual women, examine to what degree workplace stress is associated with the health of sexual minority women, and identify covariates that may mediate/moderate the relationship between workplace stressors and health in sexual minority women.

Student Investigator; Requested \$10,000

Status: Funding Declined

Community Engagement Grant

December 2013

University of North Texas

Title: Community Based Participatory Research: An Assessment of LGBT Health Needs in Dallas County

Aim: To explore how gender and sexual minorities experience health care in Dallas County through a sequential exploratory mixed method project.

Student Investigator; Requested \$7000

Status: Funding Declined

HONORS

Texas Instruments Scholarship

May 2017

Psychology Department, University of North Texas

Dr. G. Frank Lawlis Scholarship

February 2016

Psychology Department, University of North Texas

Academic Achievement Scholarship

Spring 2013

Psychology Department, University of North Texas

Academic Achievement Scholarship

Fall 2012

Psychology Department, University of North Texas

PROFESSIONAL SERVICE

VA Portland Health Care System Psychology Training Committee December 2017-Present
Intern Representative

Participate in committee meetings and represent any intern concerns. Maintain training materials and internship records. Assist with the open house for internship applicants.

UNT Faculty Senate Committee on the Status of LGBT Faculty September 2013-May 2017
Graduate Student Representative

Represent graduate student concerns to committee that aims to assess institutional climate and visibility of LGBT people at UNT. Committee works to identify current or potential problems for LGBT faculty as well as address, advocate, and improve these issues.

UNT Counseling Psychology Mentorship Program Task Force August 2016-May 2017
Graduate Student Representative

Research and explore mentorship across graduate programs. Represent advanced graduate student concerns. Remodel mentorship program within counseling psychology doctoral program.

Psi Chapter, St. Olaf College May 2011-2012
Secretary

Assisted in leadership of St. Olaf's Psi Chi chapter. Took meeting minutes. Helped manage our chapter's initiation, research, and fundraising, while working with other student organizations.

OUTREACH EXPERIENCE

Introduction to Acceptance and Commitment Therapy. VA Portland Health Care System.
September 2017. Presented a one-hour workshop to psychiatry residents on ACT and its applications in an inpatient setting.

GRADUATE EXPERIENCE

Teaching Fellow: Counseling Psychology Theories and Methods Lab (5680)
University of North Texas August-December 2015
This graduate course is designed for first year counseling psychology students to become familiar with the counseling process and develop counseling skills. Emphasis placed on learning basic counseling skills within an experiential context. Duties included preparation of in-class activities, leading weekly discussions, evaluation of students' performance, and supervision of peers.

Teaching Fellow: Psychosocial Adjustment (2480) August-December 2014
University of North Texas
This undergraduate course is designed to introduce diverse theoretical approaches within psychology and the applications of these theories in everyday life. Duties included lectures to around 60 undergraduate students, preparation of course materials, class activities and exams, as well as being the instructor of record responsible for evaluation and maintenance of grades.

Teaching Fellow: General Psychology II (1650) January-May 2014
University of North Texas
This undergraduate course is designed to be a general introduction to psychology as a scientific field with emphasis on the physiological basis of behavior. Duties included lectures to around 125

undergraduate students, preparation of course materials, class activities and exams, as well as being the instructor of record responsible for evaluation and maintenance of grades.

Teaching Fellow: History and Systems of Psychology (4600) August-December 2013
University of North Texas

This advanced undergraduate course covers the history of modern psychology, philosophy of science, and recent psychological theories. Duties included lectures to around 100 undergraduate students, preparation of course materials, class activities and exams, as well as being the instructor of record responsible for evaluation and maintenance of grades.

Teaching Assistant, University of North Texas August 2012-May 2017

UNT Psychology Undergraduate Advising Office August 2013-August 2015
Undergraduate Academic Advisor

Supervisor: Michael D. Barnett, Ph.D.

Counseled undergraduate psychology majors on career development, advised on course selection, declared majors, presented monthly workshop on graduate school in psychology, and managed content on psychology department's undergraduate advising webpage.

DOCTORAL COURSEWORK

Group Psychotherapy, Supervision, Multicultural Counseling, Acceptance and Commitment Therapy, Counseling of Sexual Dysfunction and Other Psychosexual Disorders, Psychological Aspects of Marital and Family Interaction, Marriage and Family Therapy I and II, Assessment I and II, Advanced Interviewing, Quantitative Methods I and II, Advanced Psychopathology, Psychopathology of Childhood, Social Psychology, Cognition and Affect, Biological Bases of Behavior, Legal and Ethical Issues in Professional Practice, Human Development, History and Systems of Psychology, Vocational Psychology, Counseling Psychology Methods

SERVICE TO COMMUNITY

Advocate February 2010-December 2012
Hope Center (MN)

- Received 40 hours of training on intimate partner violence (IPV) and sexual assault.
- Operated crisis hotline for sexual assault and domestic violence survivors.

PROFESSIONAL MEMBERSHIPS

Association for Contextual Behavior Science 2015-present
Student Member

American Psychological Association 2011-present
Student Affiliate

Psi Chi, International Honor Society in Psychology 2011-present
Member

Phi Kappa Phi 2016-present
Member

SPECIAL WORKSHOPS ATTENDED

- Professional Two-Day Workshop** November 2016
Center for Deployment Psychology
Assessment and Treatment of Sleep Disturbances in Military Populations: Cognitive-Behavioral
Therapy for Insomnia (CBT-I)
Presented by William Brim, Psy.D. and Diana Dolan, Ph.D., CBSM
- Professional Two-Day Workshop,** October 2016
Center for Deployment Psychology
Prolonged Exposure Therapy (PE) for PTSD: Theoretical Background and Empirical Support
Presented by Kelly Chrestman, Ph.D. and Paula Domenici, Ph.D.
- Professional Two-Day Workshop,** August 2016
Center for Deployment Psychology
Addressing Suicidal Behavior in the Military: Strategies for Assessment, Crisis Intervention,
and Treatment
Presented by Sharon Birman, Psy.D and Lisa French, Psy.D
- Professional Two-Day Workshop** June 2016
Association for Contextual Behavioral Science Seattle, WA
Mindfulness and Acceptance for Gender and Sexual Minorities
Presented by Matthew Skinta, PhD, ABPP, Aisling Curtin, M.SC., Reg. Psychol. Ps.S.I., & Lisa
M. Diamond, Ph.D.
- Professional Two-Day Workshop** August 2015
Praxis Houston, TX
ACT II: Acceptance and Commitment Therapy Clinical Skill Building Intensive
Presented by Steven C. Hayes, Ph.D.
- Professional One-Day Workshop** September 2015
VA North Texas Health Care System Dallas, TX
Increasing Awareness and Effective Use of DBT in a VA Outpatient Program
Presented by Heidi J. Koehler, Ph.D., ABPP
- Professional Two-Day Workshop** April 2015
ACT Experiential Weekend Gainesville, TX
Presented by Amy Murrell, Ph.D.
- Professional Workshop, four hours** April 2013
University of North Texas Denton, TX
Treating PTSD in Our Veterans
Presented by Dr. Patricia A. Resick Ph.D.

REFERENCES

1. Derek Burks, Ph.D.
Relationship: Clinical Supervisor
Staff Psychologist, VA Portland Health Care System
Derek.Burks@va.gov
405-923-3537
2. Gloria Emmett, Ph.D., ABPP
Relationship: Clinical Supervisor
Staff Psychologist, VA North Texas Health Care System
Assistant Professor of Psychiatry, University of Texas Southwestern Medical Center
Gloria.Emmett@va.gov
214-857-0912
3. Shelley Riggs, Ph.D.
Relationship: Clinical Supervisor, Instructor
Professor of Psychology, University of North Texas
riggs@unt.edu
940-453-4278
4. Mark Vosvick, Ph.D.
Relationship: Graduate Advisor, Teaching Supervisor, Instructor
Associate Professor of Psychology, University of North Texas
vosvick@unt.edu
214-402-2077